

District 5: Lane County

**SUMMARY OF PROPOSED
2009-10 Component
of the
AREA PLAN ON AGING & DISABILITY SERVICES
for
January 1, 2008 - December 31, 2011**

**For Progress Toward
A Comprehensive and
Coordinated Service System
for Seniors and People with Disabilities**

**Senior & Disabled Services,
a division of Lane Council of Governments**

(The Area Agency on Aging and Disability Services for Lane County, Oregon)

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February 2009

NOTICE OF PUBLIC HEARING
on the
2009-10 COMPONENT
of the
2008-11 AREA PLAN ON AGING AND DISABILITY SERVICES
for
LANE COUNTY, OREGON

The draft 2009-10 Area Plan for senior and disability services will be available for public review at a hearing on **February 24, 2009 (Tuesday), from 1:00 p.m. to 2:00 p.m.** The hearing will be held at **Hilyard Community Center, 2580 Hilyard Street, Eugene, Oregon.**

Senior & Disabled Services (S&DS), a division of Lane Council of Governments, in its capacity as the Area Agency on Aging and Disability Services for Lane County, is the convener of this public hearing.

The hearing offers older people, people with disabilities and members of the public an opportunity to comment on S&DS' plans for the provision of services to older people and people with disabilities between July 1, 2009 and June 30, 2010.

Public comments on the draft Area Plan will be accepted through 2:00 p.m., February 24, 2009. Comments may be given orally or in writing at the hearing, or may be presented in written form to S&DS at the address noted below by 5:00 p.m., February 23, 2009.

Senior & Disabled Services
1015 Willamette Street
Eugene, OR 97401

The location of the hearing is wheelchair accessible. For the hearing impaired, a sign language interpreter will be provided with 48 hours notice prior to the hearing. Similarly, with advance notice, large print and other formats of the Summary of the 2009-10 Area Plan are available. Requests for these services can be made to S&DS at the address noted above, or by calling S&DS at one of the following phone numbers: 682-4038, 1-800-441-4038 or TTY 682-4567.

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Introduction

Overview of Senior & Disabled Services:

Lane Council of Governments (LCOG) is a voluntary association of general and special purpose governments in Lane County. The Council was formed in the mid-1940s to coordinate and provide intergovernmental and region-wide services. It is governed by a board of directors comprised of elected officials from twenty-seven (27) public agencies in the area. Among its many responsibilities, LCOG is the designated Area Agency on Aging and Disability Services for Lane County. Within LCOG, operational responsibility for services for senior citizens and people with disabilities rests with Senior & Disabled Services (S&DS) and two citizen advisory councils - the Senior Services Advisory Council and the Disability Services Advisory Council.

The mission of S&DS is:

To advocate for seniors and people with disabilities and provide to them quality services and information that promote dignity, independence, and choice.

S&DS currently provides a wide range of services to seniors and people with disabilities. S&DS employees provide many of these services; others are provided by organizations working under contract to S&DS.

Development of the Area Plan:

In accordance with federal and state policy, S&DS is required to help create and maintain a comprehensive and coordinated service delivery system to meet the needs of older and disabled people in Lane County. To document its work toward this goal, S&DS is required to develop an Area Plan on Aging and Disability Services. The Area Plan is a multi-year document, with annual updates. It serves two purposes: (1) it is a planning document -- it identifies the needs of seniors and adults with disabilities, and describes the agency's plans for addressing these needs; and (2) it is a compliance document which provides the basis for the State of Oregon to contract with LCOG for the delivery of a range of services to older people and people with disabilities.

Annual Update of the Four Year Area Plan

Program Year 2009-10 (July 1, 2009 B June 30, 2010) represents the second full year of the Area Plan cycle which began in January 2008 and runs through December 2011. To

prepare for the multi-year plan, an assessment of the needs of seniors and people with disabilities who live in Lane County was completed by S&DS during the fall of 2006. Additionally, other studies of local needs, such as the United Way 2007 Community Assessment and the Lane Coordinated Public Transit Human Services Transportation Plan, were evaluated. The multi-year Area Plan for Seniors and People with Disabilities in Lane County was submitted to the State of Oregon in October 2007 and has received approval from the Department of Human Services State Unit on Aging.

Development of the 2009-10 Component

The development of the 2009-10 Component to the 2008-2011 Area Plan was a joint effort involving staff and members of S&DS' Planning & Budget Committee, a standing committee of LCOG's two advisory councils. Work started in December 2008. First, in order to help the Committee make informed choices, the initial meeting was spent educating members on the various funding sources and the services provided during Program Year 2008-09. Additionally, Committee members requested an update on upcoming issues, the impact of the current economic crisis and potential reductions in services. Committee members also requested an update on the unmet needs of the senior community, which staff provided. The Committee concluded this first phase by agreeing upon nine basic principles for decision-making, as follows.

- 1) The Principles for 2009-10 recognize this year is a reduction budget rather than a growth budget.
- 2) Budget decisions will be "needs assessment-based" and will reflect priority issues identified through an assessment of service needs, rather than merely using across-the-board cuts.
- 3) Services will produce desired outcomes and be cost effective. In particular, services that promote and/or use volunteers will be supported.
- 4) As directed by the Older Americans Act, an array of services will be designed to support a coordinated and comprehensive delivery system.
- 5) Given the anticipated reduction in public assistance programs, services that fill gaps in the delivery system will be needed.
- 6) In order to maximize limited funding, duplication of service is to be avoided and collaboration with and amongst agencies will be pursued.
- 7) Services will focus on helping people remain in their own home for as long as possible, if that is their choice.
- 8) Where possible, the funding of on-going services should reflect a provision for indexing budgets to offset inflation.
- 9) New services may be explored as current or new funding streams allow.

Second, the Committee received preliminary estimates from staff on the availability of federal and State revenues for the 2009-10 program year. Some highlights of the discussion and recommendations by the Planning and Budget Committee include,

- FY2009-10 is the first year of the 2009-11 biennium. The Committee approved using 49% of the biennial revenue estimates for FY2009-10.
- Given the state's economic situation, the Committee opted to propose two budget scenarios for the Oregon Project Independence.
- Option #1 uses the Governor's Recommended Budget for 2009-11 and assumes the Oregon Project Independence Program (OPI) will be reduced by approximately 40%. Under this worst-case scenario the Committee determined that, after funding slightly more than 1 full time case manager and necessary administrative costs, services provided in the client's home (such as personal care and critical housekeeping) were the highest priority. Thus, home-delivered meals through OPI received a larger reduction in funding than in-home care.
- Option #2 assumes the State Legislature approves funding for the program at the same level authorized for 2007-09. Under this better-case scenario, the distribution of funding for services is similar to last biennium's, including both in-home care and home-delivered meals.

Third, the Planning and Budget Committee members were very cognizant of the human impact of potential budget cuts. As a result, in the decision-making process they took into consideration the impacts that reduced Medicaid funding would have on clients and other services, as described below.

- 1) While it is not yet clear where reductions will occur, services to those needing assistance with their care have been targeted in the Governor's Recommended Budget (GRB). The GRB calls for elimination of service to those receiving in-home help at less than 80 hours per month. The majority of these people also receive Meals on Wheels as part of their in-home service. If their in-home care through Medicaid is cut, payment for Meals on Wheels through Medicaid will also be cut. Additionally, they will also lose transportation through a special program for Medicaid recipients, the Waivered Non-Medical Medicaid program.
- 2) All those losing assistance with their care will need a safety net of some sort. Their needs will not go away, however their benefits will.
- 3) Experience indicates cuts to Medicaid services cause a ripple effect in the Older Americans Act programs. People over 60 losing in-home care through Medicaid will

likely turn to other available programs such as those funded with the limited dollars of the Older Americans Act.

Last, based on all of the above information and using the nine principles for decision-making, the Committee developed recommendations covering the key policy elements of the 2009-10 Component to the Area Plan, notably, the budget and objectives for the year.

This Summary of the 2009-10 Component to the Area Plan contains the following information:

- Information on the needs of seniors and people with disabilities in Lane County;
- Proposed Budget for 2009-10;
- Proposed Service Delivery Plan for 2009-10;
- Proposed Objectives for 2009-10; and
- General information on S&DS, a division of Lane Council of Governments.

Information on the Needs of Seniors and People with Disabilities in Lane County

In the fall of 2006, Senior & Disabled Services completed an extensive assessment of the needs of seniors and people with disabilities in Lane County. Data from a variety of sources was compiled and analyzed, including the 2000 U.S. Census, the 2005 American Community Survey, the United Way 2007 Community Assessment Study, the LTD Coordinated Human Services Transportation Plan, S&DS client and service data, and secondary sources. Input from community members, including consumers, providers of services, elected officials and other interested parties was also sought. From this work, demographic profiles for both populations were created, needs were identified, and recommendations developed. A brief summary of key elements of this Assessment follow.

Demographic Information:

- Data from the most recent census (in the year 2000) indicates there were 42,954 seniors (65+) in Lane County, which was 13.3% of the total population. According to the 2005 American Community Survey, there were 44,675 people 65+ in Lane County, which was 13.6% of the population. By the year 2015, the Lane County 65+ population is projected to be 59,560, or 16% of the population.
- Overall, Lane County has a slightly higher percentage of people age 65+ than the State of Oregon or the nation.
- Almost 16%, or 35,132, of Lane County residents, aged 16-64, living in the community, have some form of a disability. Seniors age 65+ had a greater percentage of individuals reporting a disability, at almost forty two percent. In total, Lane County had a higher percentage of residents (17.4%) reporting a disability than the statewide average (15%).
- The most frequent primary diagnoses for S&DS' younger disabled community-based, long-term-care clients are neurological, musculoskeletal, psychiatric, and cardiovascular impairments. S&DS' senior community-based, long-term care clients' most frequent primary diagnoses include cardiovascular, musculoskeletal, psychiatric, and neurological disorders.
- Based on the 2005 American Community Survey, 16% of the residents of Lane County live in poverty. Of those 65+ years of age, 4.5% are low income. This is a significant decline from 2000 where 7.5% of all seniors in Lane County were at or

below the poverty level. However, it is higher than the statewide average of 1.2% for people over 65 years of age.

- In contrast, the majority of S&DS clients, both seniors and people with disabilities, live at or near the poverty level.

Summary of Needs:

It is vital that services respond to the ever-growing population of seniors and persons with disabilities. The numbers of adults age 65 and older will more than double nationally by 2030. The Oregon Office of Economic Analysis projections indicate that the senior population will more than triple by 2040.

The 2006 S&DS Needs Assessment found that seniors and persons with disabilities are experiencing similar problems. While their needs are not identical, their top areas of concern were identified as:

- Assistance with meals
- Assistance with in-home services (home care and personal care)
- Problems obtaining information on available resources and services
- Caregiver support services
- Special transportation
- Advocacy assistance for needs
- Assistance with Money Management and senior legal issues
- Difficulty paying for medical and dental care
- Bereavement and Mental Health Counseling

As part of the 2009-10 budget planning process, the Planning & Budget Committee requested information from S&DS staff regarding current unmet needs and/or gaps in service. A survey of staff working with S&DS programs was conducted in January 2009 and was completed by 60 individuals working in a variety of programs, including Medicaid case management and eligibility, adult protective services, Senior Meals and other Older Americans Act programs. The following list illustrates those unmet needs / gaps in service that were identified by 10 or more staff members:

1. Transportation assistance for those not eligible for RideSource, Escort, or who cannot ride the LTD fixed route
2. Difficulty paying for medical and dental care

3. Affordable housing and information on housing options such as the Housing Authority process, senior renter's assistance, and how to locate rooms and housemates
4. Assistance with in-home services (housekeeping and personal care)
5. Assistance with meals
6. Obtaining information on available resources and services
7. Advocacy assistance for needs
8. Assistance with money management and senior legal issues
9. Facility placement assistance (locating, visiting, cost estimates)
10. Caregiver support services

For the purposes of the 2009-10 Area Plan budget, Planning and Budget Committee members recognized that, while all of the above listed issues were important, not all could be addressed using the funding streams under consideration. Specifically, Planning and Budget Committee members acknowledged that medical care, dental care, and housing (items #3 and 4 on the list) were not services funded through the Older Americans Act or Oregon Project Independence. Thus, the Planning and Budget Committee agreed to set those items aside for the purposes of prioritizing services and making decisions about the 2009-10 Area Plan budget.

Using the information above, the Planning and Budget Committee agreed upon the following recommendations for the 2009-10 Area Plan Budget.

Area Plan Budget for 2009-10

The budget set forth in this document focuses exclusively on the funds that S&DS receives from Oregon's Department of Human Services (DHS) via the Area Plan Contract. These funds are derived from three sources: Older Americans Act, Type B AAA Funds (including Medicaid, Food Stamps, and Oregon General Funds), and a State in-home services program known as "Oregon Project Independence" (OPI). Information on the permitted uses of these funds is presented below. This information is followed by specific budget information for 2009-10, including anticipated revenues and recommendations for the use of these funds for the delivery of services in Program Year 2009-10.

(Note: In addition to the funds identified in this document, each year S&DS receives and uses funds from a variety of other sources, including grants, contracts, fees, contributions from program participants, and donations. The agency has little decision-making control over the use of most of these revenues; they must be spent for the purposes prescribed by the funding sources and/or grantors.)

Permitted Uses of Area Plan Contract Funds:

OLDER AMERICANS ACT (Federal funds):

Title III-B: Support Services and AAA Administration, including:

1. Federal Priority Services:

- Access Services: transportation, including assisted transportation (a.k.a. "escort"); outreach; information and assistance; and case management;
- In-home Services: home care; personal care; friendly visiting; telephone reassurance; chore; coordination of in-home volunteers (a.k.a. "ElderHelp"); and in-home support services (such as, respite); and
- Legal Services

2. Other allowable services: Virtually all supportive services, other than meals, are allowable under OAA Title III-B. In addition to the "federal priority services" listed above, S&DS currently spends III-B funds on: AAA Administration, Money Management, and support to the Long Term Care Ombudsman Program.

Title III-C-1: Group Meals and AAA Administration.

Title III-C-2: Home-Delivered Meals (a.k.a. “Meals on Wheels”) and AAA Administration.

Title III-D: Health promotion, disease prevention and prescription medication services. Federal law requires that a minimum of 23.6% of OAA III-D funds be spent on medication services. S&DS currently uses its Title III-D funds for information, referral and counseling related to Medicare Part D, the Oregon Prescription Drug Program and other resources for prescription drug coverage.

Title III-E: Family Caregiver Support Services and AAA Administration. S&DS’ current plan for the use of III-E funds calls for the provision of the following services to eligible individuals and families: information, assistance, caregiver training, counseling, organization of support groups, respite, and supplemental services.

Title VII-A: Elder abuse prevention services.

TYPE B AAA FUNDS (a blend of federal and State funds, including Medicaid, Food Stamps, and State funds):

These funds are utilized for eligibility determination, benefits issuance, case management, protective services, the licensure and monitoring of adult foster care homes, and AAA Administration. These funds may not be used for direct services.

OREGON PROJECT INDEPENDENCE, or “OPI” (State funds):

OPI can be used for the services listed below. Of these, S&DS currently funds: Home Care, Personal Care, Meals on Wheels, Case Management and AAA Administration.

- Home Care
- Personal Care
- Chore Services
- Information and Assistance
- Money Management
- Assisted Transportation/Escort Services
- Meals on Wheels
- Case Management
- AAA Administration

Note: The Oregon Legislature enacted SB 870 in 2005. This act expanded the range of services which can be funded with OPI dollars, and made adults with disabilities (18-59 years) eligible for its services. While Oregon's Department of Human Services has drafted new rules to reflect this change, funding for the program has been stagnant and is now in jeopardy. Due to limited funding, the expansion of services to people with disabilities was never implemented. Thus, S&DS continues to be limited to serving those individuals eligible for OPI services prior to 2005, namely, older people and individuals younger than 60 years of age with dementing illnesses.

Revenues for 2009-10

Background

For most of its programs, Senior & Disabled Services receives funding on a bi-annual basis. Program Year 2009-10 is the first year of the 2009-11 biennium. Our state and the nation are currently in the midst of an economic recession. The recession impacts revenue for S&DS in a variety of ways, as described below.

- ***Older Americans Act Funds:*** The 2009-10 Area Plan Budget was created using revenue estimates that reflected the current biennium's (2007-09) Older Americans Act allocation. While a proposed stimulus package may result in increases to some funds (such as the Meals Programs), at this time there is not a clear picture what those increases will be, or if there will be any. Once more information is in hand, the distribution of any new funds will be consistent with the principles approved by the Planning and Budget Committee.
- ***Oregon Project Independence:*** As mentioned previously, the 2009-10 Area Plan Budget proposes two funding options for OPI. Option #1 assumes the program is funded using only the revenue from the Senior Tax Deferral Trust Fund, resulting in a forty percent (40%) reduction in allocation. Option #2 assumes the State Legislature commits additional dollars to the program to maintain it at the level funded in the 2007-09 biennium.
- ***Type B Funds (a.k.a Medicaid and Food Stamps):*** Budget predictions for this program are highly volatile and the future is extremely unclear. The U.S. Congress is currently in the midst of debating the passage of a stimulus package, with the potential for enhanced federal funds to the Medicaid and Food Stamp programs. Since the situation is in such a state of flux the 2009-10 Area Plan proposes two

options for the Type B budget, similar to Options #1 and #2 in the OPI budget. For the Type B budget, Option #1 reflects estimates based on the Governor's Recommended Budget, with an 18% reduction in Type B revenue. Option #2 assumes that both state and federal funding is sufficient to maintain flat funding, e.g. the same allocation received for the 2007-09 biennium. Once the 2009 Legislature completes its work, S&DS will implement the allocated funds appropriate with the strict guidelines of this funding stream.

Estimated Revenues

Anticipated revenues for Program Year 2009-10 are displayed in the table below. In addition to showing the revenues that S&DS projects to be available for the upcoming year, the table provides comparative information based on the last year's approved budget.

REVENUE SOURCE	Revenue Comparison		Changes from 2008-09	
	Revenue FY 2008-09	Revenue FY 2009-10	\$	%
Older Americans Act	\$ 1,269,851	\$ 1,214,023	-\$55,828	-4.3%
Oregon Project Independence	\$595,292	Option #1:\$340,973 Option #2: \$567,941	Option 1:-\$254,319 Option 2:-27,351	-42.7% -4.6%
Type B AAA Funds	\$7,923,101	Option #1:\$6,225,510 Option #2: \$7,592,086	Opt.#1:-\$1,697,591 Opt.#2:-331,015	-21.4% -4.2%

Recommended Expenditures for 2008-09:

The 2009-10 Planning and Budget Committee had the difficult task of recommending expenditures with very limited resources. Members are commended for their thoughtfulness, insight, and hard work in this process. In late January 2009 the Committee approved a preliminary draft budget for 2009-10 and authorized staff to use it in the development of the Proposed Area Plan Update, which is now subject to public review. The proposed budget for 2009-10 is displayed in the table below.

Proposed Program Year 2009-10 Area Plan Budget

Program	FY 07-08 Area Plan Budget	FY08-09 Area Plan Budget	Proposed FY09-10 : Option #1 (OPI/Type B with cuts)	Proposed FY09-10 : Option #2 (OPI/Type B w/out cuts)
AAA Administration	\$163,082	\$175,276	\$145,284	\$ 167,981
LTC Ombudsman Support	1,224	1,285	1,224	1224
OAA Info & Assistance	124,089	130,293	127,540	127,540
OAA Case Management	125,248	131,510	128,729	128,729
Family Caregiver Svcs(S&DS)	147,978	168,521	158,017	158,017
Medication Assistance	24,897	26,734	24,214	24,214
Rural Escort	9,853	12,026	9,853	9,853
Legal Services	56,835	59,677	56,835	56,835
Group Meals	298,613	334,427	322,740	322,740
Meals on Wheels (Red Cross)	109,922	115,418	86,642	109,527
Meals on Wheels (S&DS)	188,029	197,430	168,022	191,840
ElderHelp	15,112	15,868	15,868	15,868
Bill Payer / Money Mgmt.	9,747	5,670	5,670	5,670
Elder Abuse Prevention	6,771	11,704	5,048	5,048
OPI Case Management	110,524	117,788	110,406	120,855
OPI Home Care	224,802	236,042	115,653	218,637
OPI Personal Care	96,108	100,913	49,566	93,701
OPI Home Care Worker	8,000	8,400	11,604	11,604
OPI Info & Assistance		3,476		
Caregiver Training (CHS)	1,999	2,099	1,999	1,999
Caregiver Support (CHS)	10,082	10,586	10,802	10,802
<i>Total OAA / OPI Services</i>	<i>1,732,915</i>	<i>\$1,865,144</i>	<i>\$1,554,996</i>	<i>\$1,781,964</i>
<i>Total Type B AAA Services</i>	<i>7,570,952</i>	<i>\$7,923,101</i>	<i>\$6,266,508</i>	<i>\$7,642,083</i>
GRAND TOTAL	\$9,303,867	\$9,788,244	\$7,821,504	\$9,424,047

Services to be Delivered in 2009-10

S&DS offers a variety of programs and services tailored to meet the various needs of seniors and persons with disabilities. With respect to the Division's "core functions" (planning, service coordination and development, advocacy, and information/access services), the agency serves all older and disabled residents of Lane County.

Concerning other functions and services, S&DS focuses on persons in economic and social need, including frail, vulnerable, functionally impaired, socially isolated, and economically disadvantaged persons. Special consideration is given to serving low-income minority older persons.

S&DS' publicly funded long-term care programs offer social and medical services to people with chronic illnesses and physical or cognitive disabilities. Individuals receive a variety of services, ranging in complexity from relatively straightforward Information and Assistance (I&A) to highly specialized nursing home services. For people who need assistance with daily living activities such as, bathing, dressing, and toileting, services are offered in a variety of settings such as recipients' homes, adult foster homes, assisted living, residential care, and nursing home facilities. Eligibility is based on income and assets criteria.

Eligibility assistance is available to low-income adults with disabilities aged 18-64 and seniors 65 plus. Services offered include Oregon Health Plan/Medicaid, help with Medicare premiums, and the Oregon Trail Card (food stamps). Eligibility is based on income, assets and other factors.

Transportation to pharmacies, medical appointments, grocery stores or other destinations, is provided to eligible individuals.

Adult Protective Services staff investigates suspected cases of abuse or neglect of Lane County seniors and adults with disabilities.

Additionally, as a result of specific efforts during the FY2008-09 cycle to focus on better coordination of service delivery through partnerships and opportunities to begin to address the needs of the aging baby boomers, S&DS received two major grants and will be investing time and energy into the successful planning and implementation of the grants. The two grants are:

- A grant through Lane Transit District for transportation assessment and coordination
- A grant through the Administration on Aging and Centers for Medicaid and Medicare Services in partnership with the Department of Human Services Seniors & People with Disabilities, PeaceHealth, Lane Individual Practice Association, and Lane Independent Living Alliance to provide person-centered discharge planning and develop local Aging and Disability Resource Services.

Services Provided During the Most Recently Completed Fiscal Year (2007-08)

Helping people live independently is a core function of Senior & Disabled Services. Sometimes just a little bit of help can prevent or postpone the need for more expensive care. Using non-Medicaid funds through the Older Americans Act and Oregon Project Independence, the following services were provided either directly by S&DS staff or through contract:

- Group or Home Delivered Meals through the Senior Meals Program and American Red Cross: 225,352 meals served July 1, 2007 through June 30, 2008 (both programs are subsidized by significant charitable giving, allowing a higher level of service to be delivered than otherwise possible)
- Support to Family Caregivers: 3,211 hours of respite care, 1,522 hours of caregiver support group service and 417 hours of training
- Information and Care Coordination: 35,260 phone and personal contacts
- Oregon Project Independence: 16,628 hours of personal care or housekeeping provided and 10,854 meals delivered using Oregon Project Independence funding
- Civil legal services/consultation: 3,317 hours to 1,083 people
- Money Management assistance using trained volunteers: 1,626 hours of service provided to 54 people.
- Volunteer Help for meal delivery, transportation or shopping assistance: over 69,000 hours.

Services provided through publicly funded programs such as Medicaid and Food Stamps include the following:

- 13,226 seniors and people with disabilities received Food Stamps or medical assistance (as of June 30, 2008)

- Of the 13,226 clients, 2,603 received some type of assistance with their care needs including in-home care, adult foster care, residential, assisted living, or nursing home care
- 107 commercial Adult Foster Homes and 90 Relative Foster Homes monitored and licensed
- 2,321 abuse and neglect complaint referrals for the year.

Units of Service to be Delivered in 2009-10

Implementation of the proposed budget for Program Year 2009-10 results in an estimated number of service delivery units to older people and people with disabilities as shown in the table below. In that table, no service data are displayed for the services funded by the Type B AAA Funds. Rather than using units, these services are measured in terms of caseloads and regulatory activities as described above.

Program	Units of Service	Unit of Service Definition
LTC Ombudsman Support	400	One hour of screening / recruitment
Information & Assistance	35,260	One contact
OAA Case Management	1,800	One case
Caregiver Services (S&DS)	5,000	Respite and case management hours
Medication Assistance	807	One hour of consultation
Rural Escort	23,440	One mile
Legal Services	3,295	One hour
Group Meals	60,000	One meal at a dining room
Meals on Wheels (Red Cross)	62,000	One home delivered meal
Meals on Wheels (S&DS)	70,310	One home delivered meal
ElderHelp	3,800	One hour
Bill Payer / Money Mgmt.	900	One contact
Elder Abuse Prevention	8	One training or coordination activity
OPI Case Management	75 - 150	One case
Home Care	7,500 – 14,500	One hour
Personal Care	2,500 – 5,200	One hour
CEP Home & Personal Care	1,100	One hour
Caregiver Support Group (CHS)	1,515	One person served per session
Caregiver Training (CHS)	300	One person served per session
Type B AAA Services	Not Applicable	See note on previous page

Area Plan Objectives for 2009-10

The annual work program of the staff and advisors of S&DS includes a range of activities, most of which are prescribed by virtue of the agency's status as the Area Agency on Aging and Disability Services for Lane County. However, each year the division has some flexibility to undertake special studies and projects (a.k.a. "objectives") directed at improving the lives of seniors and people with disabilities and/or enhancing the efficiency and effectiveness of the service delivery system. Recommended special studies and projects for 2009-10 are listed below.

1. Research options and opportunities to update Needs Assessment information, such as including targeted questions within other organization's surveys or doing a survey of S&DS clients and/or contacts.
2. Work towards the successful implementation of two new grants to S&DS – the Mobility Management grant (in collaboration with LTD) and the Real Choices Systems Change grant (in collaboration with the State of Oregon, PeaceHealth, Lane Individual Practice Association(LIPA), Lane Independent Living Alliance (LILA), and other community partners).
3. Continue to pursue activities designed to generate new and/or non-public sources of support for services for seniors and people with disabilities, including research on providing services on a sliding fee scale.
4. Continue outreach efforts directed to ethnic minority seniors, including participation at ethnic fairs, celebrations, and contact through faith-based organizations.
5. Focus on partnering with other organizations and agencies, combining efforts towards common objectives such as projects around expanding transportation for seniors and people with disabilities.

General Information on Senior & Disabled Services

The responsibilities of Senior & Disabled Services:

1. Core Functions (responsibilities of all Area Agencies on Aging in USA)
 - a. Identify the needs of seniors and, locally, people with disabilities.
 - b. Develop and implement plans to address these needs.
 - o Coordinate existing services and develop new services, as needed.
 - o Advocate on behalf of seniors and people with disabilities.
 - c. Manage public resources.
 - d. Help people get the services they need (Information and Assistance).

2. Oregon Type B(2) Aging and Disability Agency Functions (additional responsibilities of all Oregon Type B-2 agencies)
 - a. Determine individuals' eligibility for medical assistance and food stamps.
 - b. Determine individuals' need and eligibility for long term care service.
 - c. Assess individuals' need for nursing home placement.
 - d. Provide case management services to people receiving long term care services, medical assistance, and food stamps.
 - e. Enroll seniors and people with disabilities in the Oregon Health Plan.
 - f. Investigate complaints of abuse and provide protective services.
 - g. License and monitor adult foster care homes.

3. Special Responsibilities of Senior & Disabled Services
 - a. Operate the Senior Meals Program.
 - b. Operate the Senior Connections Program, including the provision of medication assistance to seniors and Family Caregiver services to eligible unpaid caregivers.

The Services System

In broad terms, S&DS provides a single point of entry to many government-sponsored services for seniors and people with disabilities. At a practical level, services are provided through a county-wide network of local offices and sites staffed by S&DS employees and volunteers, or by personnel from other organizations working under contract to LCOG. A list of S&DS offices appears later in this Area Plan Summary. A person seeking help may call or visit any of these offices for assistance.

Services provided to seniors and people with disabilities fall into four main categories:

1. Long Term Care Services: S&DS staff assess a person's need for long term care services and his/her eligibility for government-sponsored care. Based on assessment findings, a coordinated plan of care is developed and implemented. Ongoing care coordination/case management is provided to respond to a client's changing needs.

Long term care services range from help with housekeeping, to assistance with personal care (e.g., bathing, dressing), to complete dependence on others for all aspects of daily living. These services can be provided in a variety of settings, depending on the individual's needs and resources. Service settings include clients' homes or apartments, adult foster homes, assisted living or residential care facilities, or nursing homes. S&DS staff can authorize placement and services in any of these settings.

Long term care services are funded by Medicaid (a.k.a., Title XIX) and Oregon Project Independence.

2. Older Americans Act Programs: S&DS staff and contract providers deliver a range of services to seniors, including information and referral, short term assistance, case management for people not eligible for Title XIX and OPI, group and home-delivered meals, legal assistance, transportation, medication assistance services, in-home services, support for unpaid family caregivers, and bill paying/money management services.

These services are funded with Older Americans Act resources.

3. Elderly and Disabled Protection: S&DS staff provide protective services and investigate reports of abuse of elders and people with disabilities. S&DS staff also license and monitor adult foster homes, and completes criminal history checks of people working with older and disabled people in their own homes or in adult foster homes.

These services are funded with Medicaid and State General Fund dollars.

4. Medical Assistance and Food Stamps: S&DS staff determines eligibility for seniors and people with disabilities to enable them to receive Medical Assistance

and Food Stamps (via the Oregon Trail Card). S&DS staff also enrolls seniors and people with disabilities in managed care through the Oregon Health Plan.

These services are funded with Medicaid and Food Stamp Program resources.

Services may be secured from S&DS at any of the following locations (with the exception of the toll-free number, all numbers are within area code 541):

- A. Main Office
Senior & Disabled Services 682-4038
1015 Willamette Street 1-800-441-4038
Eugene (TTY 682-4567)

- B. Full Service Satellite Offices
 - South Lane Office
Senior & Disabled Services 942-5577
37 N. 6th. Street (TTY 682-7821)
Cottage Grove
 - Coast Office
Human Resource Office 902-9430
3180 Hwy. 101 N.
Florence

- C. Community Offices
 - Tony Garcia Service Center 935-2262
88149 Territorial Road, Veneta
 - Viking Sal Senior Center 998-8445
245 W. 5th Street, Junction City
 - Willamette Activity Center, Room A 782-4726
47674 School Street, Oakridge