

April 2023 NEWSLETTER



Visit Our Website

New Job Application Process

Our employment application process is now online! Our Human Resources and Information Services teams worked together to launch the new program this month. Check out our job openings and sign up for job alerts at <https://lcoг.casellehire.com/jobs/>. Those who need accommodations can contact us at 541-682-4283.

Global Volunteer Month

The background of the top section is a light cream color. It is framed by a dark blue border on the left and right sides. The central area is filled with an illustration of many hands of various skin tones (white, tan, brown, black) reaching upwards. Some hands are wearing different colored sleeves or gloves. Small pink hearts are scattered throughout the scene, adding a sense of warmth and community.

APRIL IS
GLOBAL
VOLUNTEER
Month

Senior & Disability Services
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to our amazing volunteers!
Your time and efforts are greatly
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April is Global Volunteer Month! Senior & Disability Services would like to say **THANK YOU** to our amazing volunteers! Your time and efforts are greatly appreciated!

Our volunteers are hard at work throughout Lane County! Without them, many programs would be unable to operate. They deliver meals, provide companionship, provide medical transportation, teach classes, assist in the offices, and more! If you are interested in learning more about volunteer opportunities in your community, please contact our Volunteer Coordinator at (541) 682-1366.

Senior & Disability Services Cottage Grove Office Open House

Join us Thursday, April 20th from 3:30-6:30 pm at the [Cottage Grove Community Center](#) and Library Open House!

Did you know our Cottage Grove office and Cafe 60 dining room are now located inside the Community Center? Come down and meet our team and learn more about the services we offer!

COMMUNITY CENTER & LIBRARY



OPEN HOUSE

Enjoy Refreshments & enter to **WIN** Raffle Prizes!

APRIL 20TH

3:30 – 6:30 PM

Explore what is happening at the...

- Community Center
- Library
- South Valley Athletics
- Senior Center
- Genealogical Society
- Senior & Disability Services
- Senior Meals | Meals on Wheels & Café 60



Senior Meals
Café 60 / Meals on Wheels



Tel: 541-942-1185

700 E. Gibbs Ave., Cottage Grove

Senior Services Advisory Council Accepting New Members

Senior & Disability Services (S&DS), a division of Lane Council of Governments (LCOG), is seeking volunteers to serve on its Senior Services Advisory Council.

Seniors (age 60 or older), professionals who work with seniors, and advocates for seniors or aging-related issues are invited to apply.

S&DS provides all of Lane County with a wide range of publicly funded services for older adults and people with disabilities. Council members advise S&DS on services and programs, and they advocate on senior topics.

The council also advises S&DS on its annual area plan, budget, and other administrative matters. The council holds hybrid meetings every other month (in person and online).

Membership applications are due by April 30, 2023. For more information or to request an application, call the Aging and Disability Resource Connection (ADRC) at 541-682-3353 or toll free at 1-800-441-4038, email sdsadvisorycouncil@lco.org, or go online to www.lco.org/sdslane.

Drink for a Cause A fundraiser for Lane Senior Support Coalition



CHARDONN-YAY!

Lane Senior Support
Coalition invites you to

Drink for a Cause!

Sunday, April 30th, 12-6
Oregon Wine Lab
488 Lincoln Street, Eugene

10% of tasting room purchases go to support
low-income seniors in Lane County. Raffle
basket drawing, must be present to win.

Rural Medical Escort Volunteer Program

in the News!

Last month, KEZI 9 News in Eugene interviewed our Senior Connections Manager, Katherine Julien, about our need for drivers for our Senior Connections Rural Medical Escort Program. These volunteers drive seniors from rural areas to their medical appointments. Drivers are needed in Cottage Grove, Junction City, Veneta, Oakridge, Florence, and surrounding areas. If you or someone you know would like to volunteer with this program, contact our volunteer coordinator at 541-682-1366.

[Click here to watch and read the story](#)

Bowling Tournament for Senior Meals Program



Senior Meals
Café 60 / Meals on Wheels



BOWLING *Tournament*

Hosted By *Playground Sports*

On May 21st, 2023, LCOG Senior & Disability Services and Playground Sports will be hosting a bowling tournament to raise money for our Senior Meals Program.

The Senior Meals Program is a nutrition wellness program which helps Lane

County adults aged 60 and up maintain their independence by providing healthy meals and opportunities to develop and maintain vital social connections. LCOG Senior & Disability Services operates eleven (11) Cafe 60 Meal Sites throughout Lane County and provides nutritious meals, friendly visits, regular safety and wellness checks, and access to a myriad of other community-based services to seniors in their home through the Meals on Wheels program. LCOG Senior & Disability Services serves over 61,000 Cafe 60 meals and delivers over 200,000 Meals on Wheels each year, reaching 2,500 Lane County seniors.

We are inviting community members to come out and participate in the tournament and have a great time supporting a great cause! This will be 9-Pin No Tap Men and 8-Pin No Tap Women with three games guaranteed, a raffle, and prizes for winners! Register today at:

<http://registration.playgroundsports.com/tournaments/3836709-bowling-tournament---senior--disability-services-senior-meals-programs?fbclid=IwAR0dF-JFMkYC1OmH00lpnyqwsvTJlvmRbfXWfs4bweuKxg6aJJ0oKhSihCA>

If you are interested in a sponsorship opportunity, contact Marisa Andrews at mandrews@lcog.org or 541-682-4512.

Move EUG Open House



Move EUG

shaping our sustainable
transportation future

You're Invited!

Thursday, April 20th from 4:30pm - 7:00pm
Farmer's Market Pavilion (85 E 8th Ave)

Join the Transportation Planning Team on April 20th at the Farmer's Market Pavilion for the Move EUG Open House, where you can share your ideas for walking, biking and safety projects with transportation planners, explore different types of infrastructure, offer ideas for programs to increase walking and biking, and weigh in on the current list of walk and bike projects. Can't make it to the event? Head over to the [Move EUG Engage Eugene](#) page to share your ideas online.

What is Move EUG?

[Move EUG](#) is a community planning effort led by the City's Transportation Planning Team to identify and prioritize walking, biking, and safety programs and infrastructure projects in Eugene. The planning team will be listening to people throughout the Eugene community about their transportation needs during Spring 2023. Move EUG will help guide the city to make walking, biking,

rolling, and taking the bus more accessible and enjoyable in addition to making all ways of traveling safer for everyone in Eugene.

The Transportation Planning Staff wants to hear from YOU about:

- Which walking, biking, and safety infrastructure projects should be recommended to City Council for funding through the [2025-2029 Street Repair Bond Measure?](#)
- What updates are needed to the walking and biking infrastructure project lists in the [Eugene 2035 Transportation System Plan?](#)
- What kinds of programmatic ideas will encourage more trips by walking, biking, rolling, and taking the bus? This list will help inform a future update to Eugene's Active Transportation Strategic Plan.

How to Get Involved

There are lots of ways to be involved in Move EUG! Check out the [Move EUG Engage Eugene](#) page to engage online, see an up-to-date list of in-person events to attend, and sign up for project email updates.

If you have infrastructure project ideas, share them through an interactive online map. You can show where you think future projects are needed by visiting the map and dropping project pins. You can also attend an in-person events to see paper maps and ask questions about the project. If you have program ideas, share them via the online survey, or attend an event.

[Move EUG Engage Eugene](#)

WHAT'S HAPPENING!

- April 15-16 - Giant Book Sale - Friends of Eugene Public Library [\(link\)](#)
 - April 22-23 - Green Living Fair at Cottage Grove Armory [\(link\)](#)
 - April 22 - SOLVE's Oregon Spring Cleanup [\(link\)](#)
 - April 22 - McKenzie River Wooden Boat Festival [\(link\)](#)
 - April 30 - Eugene Marathon [\(link\)](#)
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FOLLOW US ON SOCIAL MEDIA!

In addition to this newsletter, LCOG hosts pages on Facebook, Twitter, Instagram, and LinkedIn where members can track and find information about what's happening in the region. Scroll down and click on hit the buttons below the log, and be sure to like and follow LCOG's pages.



Lane Council of Governments

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