

FEBRUARY 2023 NEWSLETTER



Visit Our Website

LCOG Member Appreciation Dinner

Save the date! Our LCOG Member Appreciation Dinner is back! Mark your calendars for Saturday, March 4 at 5:00 p.m. at the Cottage Grove Armory, 628 E Washington Ave., Cottage Grove, OR 97424. Tickets are \$40. Register at <https://secure.xpressbillpay.com/portal/?refer=lcoгонlineregistration>. The deadline to register is February 25. At this year's dinner, we will host a silent auction to benefit LCOG's Senior Meals Program. We hope to see you there!

YOU'RE INVITED TO



LANE COUNCIL OF GOVERNMENTS

MEMBER APPRECIATION DINNER

March 4, 2023 | 6:00 p.m.



Cottage Grove Armory
628 E Washington Ave.
Cottage Grove, OR

A benefit for Senior Meals Program



LCOG Annual Awards Nomination Form

A traditional component of this event is the formal recognition of outstanding service, leadership, and commitment to the regional community.

We are currently accepting nominations for:

- **Outstanding Elected Official**

- **Outstanding Citizen**
- **Outstanding Public Career**
- **Outstanding Public Employee**
- **Outstanding Intergovernmental Team**
- **Regional Award of Merit for Economic Enhancement**

You are invited to submit nominations of candidates in any or all of the six award categories.

Nominations of candidates for any of the awards must include a statement of describing the nominee's contributions to the community, the nominee's achievements, and the rationale for the selection of that nominee as the award recipient.

The formal presentations will be made at the Appreciation Dinner. Please submit nominations for one or all of the awards **by Friday, February 17, 2023**.

Sponsor a Meal Campaign



SPONSOR A MEAL

**Make a donation February 1st – February 28th, 2023
and help feed a senior in need!**

Our Senior Meals Programs are vital to combating increasing food insecurity while promoting independence and the ability for seniors in Lane County to live in their own home. Most of our participants live on low, fixed incomes. Some can make a contribution for their meals, but others are unable to make even a minimal contribution. No one who is age eligible is ever denied a meal due to an inability to pay.

Café 60 and Meals on Wheels are only partially subsidized. The cost of food, labor, and transportation continues to increase at alarming rates, widening the gap between our operating costs and limited public funds. This program relies on community donations to fill these gaps and deliver this critical service to seniors in need.

During the month of February, we invite you to [make a tax-deductible contribution to our Sponsor a Meal campaign](#) to help ensure that nourishing meals can be served to our older neighbors who need them. Ways your generosity may support the Senior Meals Programs include:

- \$10 supplements a senior's own meal contribution

- \$30 provides 5 hot meals to an individual senior – that’s one week of meals!
- \$40 provides 1 month of weekend frozen meals to an individual senior
- \$60 provides 10 hot meals to an individual senior – that’s two weeks of meals!
- \$120 provides 1 month of hot meals to an individual senior
- \$250 provides a hot meal to 40 individual seniors
- \$300 provides 50 hot meals to an individual senior – that’s up to 10 weeks of hot meals!

Gifts can also be made:

- For the current needs of the Senior Meals Program
- To the Senior Meals Program Endowment fund to supply future income
- By check or credit card
- By giving through a bequest, a will, an insurance policy, or stock transfer
- Monthly, by electronic funds transfer (EFT) from your credit card or checking account
- By adding Senior Meals Program to your monthly bill paying option at your bank or Internet bill paying service

You can also send a donation by mail to:
 Senior Meals Program
 859 Willamette St., Suite 500
 Eugene, OR 97401

Gifts to the Senior Meals Program are tax deductible to the extent allowed by law.

For more information about giving to the the Senior Meals Program call 541-682-4378 or 541-682-4137.

LCOG's Transportation Options Team Taking Internship Applications

LCOG's [Transportation Options Team](#) is seeking two Transportation Options Interns starting in March 2023! The internships will last through May 2023, with the potential option to extend depending on project availability. The internships are open to everyone (students and non-students). Any interested should email their resume and cover letter to site supervisor Kelsey Moore at kcmoore@lcog.org by February 15.

Required skills: Interest in the Eugene-Springfield community, transportation options, and transportation equity. Enthusiasm for communicating and engaging with the public.

Helpful, but not required: Personal or professional experience with active transportation (walk, bike, roll, bus). Experience planning and staffing public events. Interest in, or familiarity with, website content management and graphic design.

Pay and hours: 5-10 hours/week with a stipend of \$150/week. Flexible hours with some availability Monday - Friday, 9 a.m. - 5 p.m., required.

Location: Mix of in-office (LCOG Park Place building in Downtown Eugene), remote, and travel for events and program delivery (throughout Springfield and

Rural Medical Transportation Program Needs Volunteers

LCOG's Rural Medical Escort Rides Program is looking for several volunteer drivers! Help provide medical transportation to older adults living in rural areas. If you have a valid driver's license and insurance, we would love to speak with YOU! Mileage reimbursement provided. For more information, please contact our Senior & Disability Services Volunteer Coordinator at (541) 682-1366.

VOLUNTEER DRIVERS NEEDED!

Rural Medical Escort Rides Program

- Make a difference in your community!
- Provide medical transportation to older adults.
- Flexible daytime schedule.
- Five (5) hours per week time commitment.
- Mileage reimbursement offered.
- Drivers needed in Cottage Grove, Junction City, Veneta, Oakridge, Florence.

**For more information
Call Volunteer Coordinator:
(541) 682-1366**



WHAT'S HAPPENING!

- February 11 - Vida McKenzie Community Center Valentine's Dinner - Waltherville ([link](#))
- February 11 - Willamalane Valentine's Dance Social ([link](#))
- February 17-19 - 2023 Wine, Chowder, and Glass Float Trail - Florence ([link](#))

FOLLOW US ON SOCIAL MEDIA!

In addition to this newsletter, LCOG hosts pages on Facebook, Twitter, Instagram, and LinkedIn where members can track and find information about

what's happening in the region. Scroll down and click on hit the buttons below the log, and be sure to like and follow LCOG's pages.



Lane Council of Governments

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