

MAY 2023 NEWSLETTER



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Cottage Grove Office Open House



Above (left to right): Faye Stewart, Cottage Grove Public Works & Development Director; Brenda Wilson, LCOG Executive Director; Richard Meyers, Cottage Grove City Manager.

Our Senior & Disability Services office in Cottage Grove was part of an open house event in April at the Cottage Grove Community Center. Our staff met with at least 50 visitors. The Community Center houses our Senior & Disability Services office and meal site. The Library & Senior Center are also located in the Community Center. The event included various activities where visitors

could learn more about the Community Center and all that it offers to the community. The community center is located at 700 E Gibbs Ave. in Cottage. Our S&DS Cottage Grove office is open 8:00 a.m. to 5:00 p.m., Monday through Friday.

Fentanyl Aware Campaign

In 2023, Lane County Public Health launched a community awareness campaign to increase awareness of the risks of fentanyl, overdose, and ways to stay safe. *Fentanyl Aware* is aimed at youth and families through web, social media, and community engagement.

Public Health is partnering with school districts, public safety, and health providers across the county to spark conversations about the issue and promote knowledge and harm reduction messaging.

The campaign offers a digital toolkit to support community programs in implementing and sharing campaign materials. For information on partnership, contact Alexander LaVake (alexander.lavake@lanecountyor.gov).

<https://fentanylaware.com/>

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Senior Meals
Café 60 / Meals on Wheels



BOWLING *Tournament*

Hosted By *Playground Sports*

On May 21st, 2023, LCOG Senior & Disability Services and Playground Sports will be hosting a bowling tournament to raise money for our Senior Meals Program.

The Senior Meals Program is a nutrition wellness program which helps Lane County adults aged 60 and up maintain their independence by providing healthy meals and opportunities to develop and maintain vital social connections. LCOG Senior & Disability Services operates eleven (11) Cafe 60 Meal Sites throughout Lane County and provides nutritious meals, friendly visits, regular safety and wellness checks, and access to a myriad of other community-based services to seniors in their home through the Meals on Wheels program. LCOG Senior & Disability Services serves over 61,000 Cafe 60 meals and delivers over 200,000 Meals on Wheels each year, reaching 2,500 Lane County seniors.

We are inviting community members to come out and participate in the tournament and have a great time supporting a great cause! This will be 9-Pin No Tap Men and 8-Pin No Tap Women with three games guaranteed, a raffle, and prizes for winners! [Click here to register.](#)

If you are interested in a sponsorship opportunity, contact Marisa Andrews at

WHAT'S HAPPENING!

- May 12-14 - 2023 City Wide Yard Sale - Creswell ([link](#))
 - May 18-21 - Florence Rhododendron Festival ([link](#))
 - May 26 - Asian Night Market - Eugene ([link](#))
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FOLLOW US ON SOCIAL MEDIA!

In addition to this newsletter, LCOG hosts pages on Facebook, Twitter, Instagram, and LinkedIn where members can track and find information about what's happening in the region. Scroll down and click on hit the buttons below the log, and be sure to like and follow LCOG's pages.



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